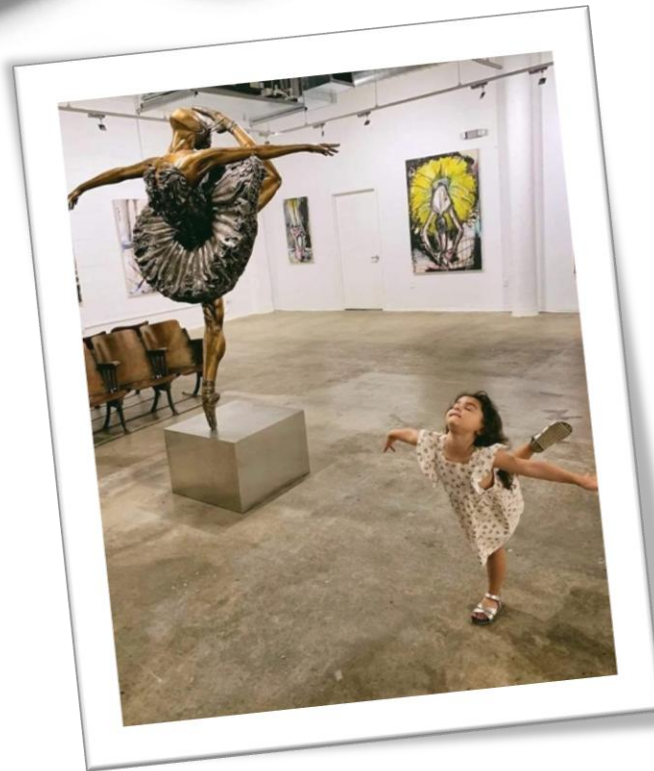


F Family CUS



Kids are going to do what you do, and not what you say.

Kids are going to do what you DO...not what you SAY. In the human brain, neurons devoted to visual processing take up about 30 percent of the cortex, as compared to just 3 percent for hearing. Please, stop for a moment and reflect on this statement: Our brain is mainly an image processor...not a word processor.

As Ralph Waldo Emerson so famously said: **'What you do shouts so loudly that I cannot hear what you say!'**

No matter what your situation is, your kids will learn more from what you do--not what you say. Children are intuitive and pick up on things we don't even realise.

Poet Walt Whitman wrote, *"There was a child went forth every day. And the first object he look'd upon, that object he became. And that object became part of him for the day or a certain part of the day. Or for many years or stretching cycles of years."*

Parents and family members are the "first object" children look upon. And will become a part of them for many years ... are we watching our messages? Because they are.